

BEACH HANDBALL CONFERENCE – WARSAW (16-18.07.14):

Wednesday

15.00 – 15.30	Opening of the seminar – Eliasz, Baum, Brehmer – do ustalenia
15.30 – 16.00	Organizational matters - Jaworski
16.00 – 17.30	Values of Beach Handball - Brehmer
18.00 – 19.00	Dinner
19.00 – 20.30	Training Beach Handball – ideas and remarks - Horvath

Thursday

8.00 – 9.00	Breakfast
9.00 – 10.30	Practical session – Exercises increasing Beach technical skills , warm-up games - Horvath
10.30 – 11.00	Break
11.00 – 12.30	Practical session – Jaworski
13.00 – 14.00	Lunch
14.30 - 16.00	Progressive punishment, passive play - Jaworski
16.00 – 16.30	Break
16.30 – 18.00	Beach Handball techniques: strategies - offense, fast break, substitutions, defence, quick retreat – Horvath
18.30 – 19.30	Dinner
19.30 – 21.00	Different goalkeeper`s behavior during shoot out. Block defenders in the goal area during the throw on goal – Jaworski

Friday

8.00 – 9.00	Breakfast
9.00 – 10.30	Practical session - Preparation for tournament - Horvath
10.30 – 11.00	Break
11.00 – 12.30	Practical session - Physical test - Jaworski
13.00 – 14.00	Lunch
14.30 – 16.00	Defender and the attacker's behavior during the pass of the ball to the player who is in the air attack. Answers to questions from participants - Jaworski
16.30	Closing of seminar

Technical meeting before EBT tournament.